

CLINICAL CONFERENCES IN BOWEN THEORY

SEPTEMBER 2011 - JUNE 2012 SCHEDULE

September 30, 2011

Defining Self across Generations

Anne McKnight, EdD, LCSW

This conference will address efforts of individuals to define self across generations: a mother taking responsibility for self in relation to her problem child and a young adult defining herself in the triangle with her divorced parents. Concepts in Bowen theory important to understand defining a self will be discussed: observing and moderating reactivity in self, identifying and managing self in triangles, addressing cutoff, distilling principles and living with them, and being capable of identifying emotional patterns of which one is a part. Videotaped interviews will illustrate efforts and obstacles to defining a self in one's family.

November 3, 2011

The Functional Level of Differentiation

Daniel V. Papero, PhD, LCSW

At the heart of the Bowen theory lies the concept of differentiation. The concept is generally the most difficult one for people to grasp and apply. While one can appreciate the concept intellectually, the real challenge emerges when one attempts to apply the ideas in their relationship systems. Differentiation of self ultimately requires action steps in the context of relationships. Bowen once described the effort as "using the cognitive to control the twitch" that results from automatically reacting to others. This clinical conference will explore functional levels of differentiation in the context of family and work systems.

December 2, 2011

Differentiation of Self in Health and Reproduction

Victoria Harrison, MA, LCSW

Bowen family systems theory helps therapists, physicians, and family members observe and modify biological reactions, behaviors, and relationship patterns associated with symptoms that affect health and reproduction. Two families will describe their work on differentiation of self in marriage, in family of origin, and in relation to medical treatment while equipment displays physiological reactions and brain activity corresponding to reactivity and to changes associated with improved health and functioning.

January 13, 2012

The Challenges of Marital Fusion

Douglas Murphy, MA, LCMFT

Differentiation of self can be implemented in any significant relationship. Nuclear family relationships are particularly challenging as they are ongoing and omnipresent. Marital relationships present their own challenges. In videotaped interviews, long-term clients will explore fusion in their marriage.

SAVE THE DATE!

The 48th Annual Symposium will be held
November 4-5, 2011 at
George Mason University, Arlington, VA
See our website www.thebowencenter.org
or call 202-965-4400 for information.

February 10, 2012

Functional Interdependence and Family Relationships

Laura Brooks, LCSW-C

Functional interdependence between family members derives from an underlying emotional process in the relationship system. This conference will focus on the evidence for functional interdependence in family relationships, the part each person plays, and the impact of chronic anxiety. Emphasis will be on functional interdependence, reciprocity, and adaptiveness in family relationships. Automatic and predictable patterns will be elucidated that are driven by an underlying emotional process within the family relationship system. Issues related to functional interdependence will be illustrated in interviews with two adoptive families.

March 16, 2012

Resilience and Differentiation of Self

Louise Rauseo, RN, MS

Clinical work often deals with people's responses to stress and adversity. Bowen theory offers a broad way of thinking about the individual differences that people show in their ability to "bounce back" from difficult life situations with resilience. Clinical interviews will demonstrate individual differences and the effort of individuals to move toward greater differentiation as they deal with life's challenges.

April 13, 2012

The Process of Differentiation

Michael E. Kerr, MD

Bowen theory provides a lens for observing factually the interdependence of emotional functioning in one's own family and other relationship systems and one's part in the process. This emotional objectivity permits a level of emotional neutrality that helps people get beyond blame and self-blame. This radical change in perception renders relationship dilemmas less threatening and opens up possibilities for new decisions and actions in relationship to others. The actions are more constructive for oneself and for the system because the focus is on changing self in relationship to others and not on trying to change others. Such actions can reduce the level of chronic anxiety in a relationship system. This conference will illustrate these ideas.

May 11, 2012

Death and Family Functioning

Priscilla Friesen, LCSW

This presentation will focus on the interplay of family emotional process and the death of a family member. When a person dies, the impact a death has in a family and the variations in the family experience of death are quite different. Videotaped sessions will highlight challenges to being a self in the context of a death in the family.

June 15, 2012

Differentiation of Self and Leadership

Roberta Gilbert, MD

Leadership, when considered from a family systems point of view is different—and better. Not only do people report better functioning in their organizations but they also find many opportunities to work on differentiation of self there. How family systems theory enlightens the subject of leadership will be considered. Leaders who have seen theory make a difference will present their work in videotaped interviews.

ALSO FOR YOUR CONSIDERATION:

THE THURSDAY PROFESSIONAL LECTURE SERIES

The Thursday Professional Lecture Series is a monthly meeting scheduled to coincide with the Clinical Conference Series. The lecture series features scientists, physicians, writers, and clinicians who address a variety of scientific and behavioral topics. A distinctive feature of this meeting is the length of time given to the speakers to develop their ideas and entertain discussion.

Free and open to the public. On street parking is available.

Time: 7:30 PM

Location: Bowen Center for the Study of the Family
4400 MacArthur Boulevard, NW Suite 103
Washington, DC 20007

Coordinator: Keo L. Miller, LCSW • kmiller@thebowencenter.org

Visit our website www.thebowencenter.org for a description of each lecture, or contact the Center for a brochure.

SCHEDULE SEPTEMBER 2011 - JUNE 2012

September 29, 2011

What is Resilience?

Louise Rauseo, RN, MS

November 2011

Lecture not held this month due to Annual Symposium.

December 1, 2011

Talking With Trauma: The Experience of Working with Returning Soldiers at Walter Reed Army Medical Center

Edward Beal, MD

January 12, 2012

The Structure of Bowen Theory

Randall T. Frost, MDiv

February 9, 2012

TBA

March 15, 2012

The Relevance of Language Choices Negotiated by Parents and Children for the Survival of an Endangered Language

Gabriela Perez-Baez, PhD

April 12, 2012

Neuroscience and the Bowen theory

Daniel V. Papero, PhD, MSW

May 10, 2012

Anxiety, Addiction, and the Family

Anne S. McKnight, EdD, LCSW

June 14, 2012

TBA

REGISTER FOR THE CLINICAL CONFERENCES

Use this form to register by mail or fax
or register online at www.thebowencenter.org

Print Name: _____

Please write your name and academic credentials that will appear on your name tag (please put your degree rather than a license).

Organization: _____

Address: _____

Daytime phone: _____

E-mail: _____

Credit card: Visa Mastercard Discover
(check one)

Credit card #: _____

Expiration date: _____

Signature: _____

CLINICAL CONFERENCE FEES

Please circle your choices:

Entire Series:

Regular	\$845.00	save 30%
Postgraduate Program Trainee	\$660.00	save 35%
Full-Time Student*	\$240.00	save 33%
Part-Time Student**	\$390.00	save 33%

Four Conference Package:

Regular	\$400.00	save 25%
Postgraduate Program Trainee	\$320.00	save 30%
Full-Time Student*	\$100.00	
Dates Selected : 1) _____ 2) _____		
3) _____ 4) _____		

Individual Conference:

Regular	\$135.00
Postgraduate Program Trainee	\$115.00
Full-Time Student*	\$40.00
Part-Time Student**	\$65.00
Date Selected : 1) _____	

CEU Fee:

Number of Conferences x \$15 = _____

TOTAL: _____

* Full-time students must provide a letter from the registrar's office to be eligible for discounted rate

** Part-time students must provide their student ID to be eligible for discounted rate

Please make check payable to The Bowen Center.
Outside the US, use a certified check or credit card.

Mail or fax this form with your payment to:

The Bowen Center

4400 MacArthur Boulevard, NW Suite 103

Washington, DC 20007-2521

Phone: 202-965-4400 Fax: 202-965-1765

CLINICAL INTERVIEWS WITH FAMILIES



TO VIEW THE WORLD, ENHANCE YOUR
PRACTICE AND YOUR LIFE!

2011 - 2012 CALENDAR

BACK TO BASICS
CLINICAL CONFERENCES IN BOWEN THEORY



BOWEN CENTER FOR THE STUDY OF THE FAMILY
GEORGETOWN FAMILY CENTER

TO VIEW THE WORLD, ENHANCE YOUR
PRACTICE AND YOUR LIFE!

2011 - 2012 CALENDAR

CLINICAL CONFERENCES



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GEORGETOWN FAMILY CENTER
4400 MACARTHUR BLVD., NW SUITE 103
WASHINGTON, DC 20007-2521
WWW.THEBOWENCENTER.ORG

CLINICAL CONFERENCES IN BOWEN THEORY

WHAT IS THIS SERIES?

This is an important training opportunity for all clinicians who aspire to clinical excellence. Each conference provides observation and discussion of actual clinical work conducted by seasoned professionals. A unique feature of the day is the presence of the families who volunteer to participate in the videotaped clinical sessions and also attend the conference as participants. Dr. Murray Bowen, who began the Clinical Conference series in 1967, pioneered the use of videotape in family therapy and saw its potential for both teaching and enhancing the therapeutic process. The conference series has been so successful it has continued uninterrupted since its inception and celebrates its forty-fourth anniversary this year.

GOAL OF THE CONFERENCES

These conferences are designed to enhance professional practice through the use of Bowen theory.

The goals of each conference are:

- to illustrate the application of Bowen theory in clinical practice
- to enhance understanding of differentiation of self and its impact on one's own functioning and the families therapists serve

THE PRESENTERS

Each conference day is conducted by an experienced faculty member of the Bowen Center. Each faculty member has had a minimum of twenty-five years of clinical experience and has done training and supervision of other clinicians. Faculty are selected for their ability to communicate Bowen theory and their ability to achieve clinical results. Faculty members present different perspectives on how Bowen theory can be applied to a broad range of human issues.

FORMAT OF THE DAY

Each clinical conference will begin with a lecture on the theme of the day. This is followed by a videotaped clinical session that illustrates the application of Bowen theory to the topic introduced in the first hour. Each segment includes ample time for questions and discussion. A second videotape is shown in the afternoon and is also followed by discussion.

WHEN AND WHERE

A conference is held each month from September 2011 to June 2012

When: 9:30AM - 3:30PM

Where: Metropolitan Memorial United Methodist Church
3401 Nebraska Avenue, NW
Washington, DC 20016

Free parking on upper tier of lot (closest to the street)

Note: The November Clinical Conference will be held November 3, 2011, the day before the Annual Symposium at the Church.

CEUs FOR THE CLINICAL CONFERENCE

The Georgetown Family Center is approved as an independent provider of continuing education credit by the Maryland State Board of Social Work Examiners, the District of Columbia Board of Social Work, and the National Board of Certified Counselors. Each conference day provides a maximum of 6 hours of Category I continuing education credit for social workers and for counselors.

To receive the certificate of completion of CEU credits, it is necessary to:

- Pay the CEU fee of \$15 per conference
- Sign the CEU registration form on the day of the conference to indicate you are present
- Stay for the entire conference and
- Submit a completed evaluation at day's end

FOR FURTHER INFORMATION CONTACT THE CENTER

info@thebowncenter.org • Phone: 202-965-4400 • Toll-Free: 800-432-6882 • Fax: 202-965-1765

For regular Bowen Center updates, visit www.thebowncenter.org and subscribe to our monthly email newsletter.