

Clinical Interviews with Families



2009 - 2010 Calendar

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Clinical Conferences in Bowen Theory

BACK TO BASICS



Georgetown Family Center

Bowen Center for the Study of the Family

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*Clinical Conferences
2009 - 2010 Calendar*



www.thebowencenter.org

Bowen Center for the Study of the Family
Georgetown Family Center
4400 MacArthur Blvd., NW Suite 103
Washington, DC 20007-2521

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Bowen Center for the Study of the Family

Georgetown Family Center

Clinical Conferences in Bowen Theory

WHAT IS THIS SERIES?

This is an important training opportunity for all clinicians who aspire to clinical excellence. Each conference provides observation and discussion of actual clinical work conducted by seasoned professionals. A unique feature of the day is the presence of the families who volunteer to participate in the videotaped clinical sessions and also attend the conference as participants. Dr. Murray Bowen, who began the Clinical Conference series in 1967, pioneered the use of videotape in family therapy and saw its potential for both teaching and enhancing the therapeutic process. The conference series has been so successful it has continued uninterrupted since its inception and celebrates its forty-second anniversary this year.

GOAL OF THE CONFERENCES

These conferences are designed to enhance professional practice through the use of Bowen theory. The goals of each conference are:

- to illustrate the application of Bowen theory in clinical practice
- to enhance understanding of differentiation of self and its impact on one's own functioning and the families therapists serve

THE PRESENTERS

Each conference day is conducted by an experienced faculty member of the Bowen Center. Each faculty member has had a minimum of twenty-five years of clinical experience and has done training and supervision of other clinicians. Faculty are selected for their ability to communicate Bowen theory and their ability to achieve clinical results. Faculty members present different perspectives on how Bowen theory can be applied to a broad range of human issues.

FORMAT OF THE DAY

Each clinical conference will begin with a lecture on the theme of the day. This is followed by a videotaped clinical session that illustrates the application of Bowen theory to the topic introduced in the first hour. Each segment includes ample time for questions and discussion. A second videotape is shown in the afternoon and is also followed by discussion.

WHEN AND WHERE

A conference is held each month from October 2009 to June 2010

9:30AM - 3:30PM

Metropolitan Memorial United Methodist Church

3401 Nebraska Avenue, NW

Washington, DC 20016

Free parking on upper tier of lot (closest to the street)

The November conference will be held November 5, 2009 at the Symposium location:

Hamilton Crowne Plaza • 14th and K Streets NW • Washington, DC 20005 • 202-682-0111

Parking available in the hotel and surrounding parking garages

One block from the McPherson Square Metro station

CEUs FOR THE CLINICAL CONFERENCE

The Georgetown Family Center is approved as an independent provider of continuing education credit by the Maryland State Board of Social Work Examiners, the District of Columbia Board of Social Work, and the National Board of Certified Counselors. Each conference day provides a maximum of 6 hours of Category I continuing education credit for social workers and for counselors.

To receive the certificate of completion of CEU credits, it is necessary to:

- Pay the CEU fee of \$15 per conference
- Sign the CEU registration form on the day of the conference to indicate you are present
- Stay for the entire conference and
- Submit a completed evaluation at day's end

FOR FURTHER INFORMATION CONTACT THE CENTER

info@thebowencenter.org • Phone: 202-965-4400 • Toll-Free: 800-432-6882 • Fax: 202-965-1765

For regular Bowen Center updates, visit www.thebowencenter.org and subscribe to our monthly email newsletter.

Clinical Conferences in Bowen Theory

October 2009 - June 2010 Schedule

October 2, 2009

Obstacles to Differentiation of Self

Michael E. Kerr, MD

When people who have struggled for years with personal problems are introduced to systems thinking it is like moving from thinking in two dimensions to grasping what it means to think in three. They find it refreshing and energizing. Part of the attractiveness of systems thinking is the neutrality with which it is presented. This conference will feature interviews with people who are fairly new to systems ideas. They will describe obstacles to transitioning from cause-and-effect and to systems thinking.

November 5, 2009

What is Systems Thinking?

Daniel V. Papero, PhD, LCSW

Dr. Murray Bowen suggested that it is very difficult for people to "think systems" about themselves, particularly when they are anxious. This day will continue the exploration of systems thinking and the efforts people make to grasp and use it in their own lives.

December 4, 2009

Separating a Self

Kathleen B. Kerr, MSN, MA

Bowen theory suggests that the goal of therapy is "to help individual family members to rise up out of the emotional togetherness that binds us." This goal is based on the observation that the symbiotic interdependence between people is what fuels reactivity and emotional distance in relationships and symptoms in individuals. This clinical conference will present the efforts of people to separate themselves from their family emotional systems and direct their own lives more from within themselves.

January 8, 2010

The Importance of Understanding Triangles and Defining Self in a Family

Anne S. McKnight, LCSW, EdD

In observing that a dyadic relationship is unstable, Dr. Murray Bowen suggested that the basic unit of managing anxiety in a family is the triangle. This clinical conference will explore the importance of understanding triangles in the emotional process of a family over generations and of how an individual can use the knowledge of triangles to defining self in a family or organization. The primary triangle of an individual with his/her parents will be discussed, as well as the transmission of reactivity through interlocking triangles in a family or organization. These ideas will be illustrated in two videotaped clinical interviews.

February 5, 2010

Self, Habitual Patterns, Postures, and Reciprocity

Douglas Murphy, MA, LCMFT

This clinical conference will continue to explore the interrelationship between reciprocity, relationship postures, habitual patterns, and the concept of self. The day will consist of a didactic presentation and two clinical video tapes of a family that has participated in a longitudinal study.

March 5, 2010

Triangles, Anxiety and Differentiation of Self

Victoria Harrison, MA, LCSW

This clinical conference will include clinical interviews that focus on how triangles in the nuclear family influence symptom development such as depression and physical illness. A mother's work on differentiation of self in her nuclear family and extended family triangles illustrate the challenges and the benefits of the effort. Discussion will include the therapist's responsibility to manage self in family triangles.

April 16, 2010

Distinguishing Between Functional and Basic Level of Differentiation

Michael E. Kerr, MD

An increase in basic level of differentiation is not the outcome of sustained efforts to increase one's functional level of differentiation. Various strategies for calming oneself and being less reactive emotionally can help people increase their functional level of differentiation, even to the point of reducing significant clinical symptoms. Increasing basic level of differentiation depends on acquiring new knowledge about relationship processes. It is impossible to be more of a "self" without observing the relationship processes that work against it. Bowen theory is a lens for helping people become better observers of their important relationships. The clinical interviews in this conference will illustrate people's efforts to be better observers and, most importantly, to find the courage to act on those observations.

May 14, 2010

Emotional Cutoff and Moving Toward Differentiation of Self

Louise Rauseo, RN, MS, CS

What are the obstacles to differentiation that are related to emotional cutoff? How can people begin to address the challenges of defining a self that are less than visible from the posture of emotional cutoff and distance in important relationships? These are topics for ongoing clinical work.

June 4, 2010

Principles for Leaders

Roberta Gilbert, MD

Leaders today are besieged in overly critical and unsupportive organizations. They experience undermining from the culture and they often have few guidelines that serve them well in these situations. Bowen theory provides a set of principles that is extremely useful to leaders struggling with these dilemmas. Dr. Gilbert's years working with leaders in the clergy and her interviews with leaders themselves will illustrate how these guidelines from Bowen theory can play out in real life.

Save the Date!

The 46th Annual Symposium will be held
November 6-7, 2009 at the
Hamilton Crowne Plaza, Washington, DC
See our website www.thebowencenter.org
or call 202-965-4400 for information.

Also for your consideration:

THE THURSDAY PROFESSIONAL LECTURE SERIES

The 2009-2010 Thursday Professional Lecture Series

is a monthly meeting scheduled to coincide with the Clinical Conferences. The lecture series features scientists, physicians, writers, and clinicians addressing a variety of scientific and behavioral topics. A distinctive feature of this meeting is the length of time given to develop ideas and entertain discussion.

Free and open to the public. On street parking is available.

Time: 7:30 PM

Location: Bowen Center for the Study of the Family
4400 MacArthur Boulevard, NW Suite 103
Washington, DC 20007

Coordinator: Keo L. Miller, LCSW • kmiller@thebowencenter.org

Visit our website www.thebowencenter.org for a description of each lecture, or contact the Center for a brochure.

THE THURSDAY PROFESSIONAL LECTURE SERIES OCTOBER 2009 - JUNE 2010

October 1, 2009

The Concept of Maternal Style: Consistent or Inconsistent with Differentiation of Self

Kathleen B. Kerr, MSN, MA

November 2009

Lecture not held this month due to Annual Symposium.

December 3, 2009

Substance Abuse: One Outcome of the Force of Togetherness and Intellectual and Emotional Fusion

Joan Jurkowski, LCLPC

January 7, 2010

Current Research on How Chronic Anxiety Can Translate into Cancer

Michael E. Kerr, MD

February 4, 2010

The Therapeutic Relationship: Traditional and Bowen Family Systems Perspectives

John F. Butler, PhD

March 4, 2010

Male Homosexuality, Anxiety and Self: A Discussion

Kent E. Webb, LCSW

April 15, 2010

Gaia and the Search for Life in the Universe

David Schwartzman, PhD

May 13, 2010

TBA

June 3, 2010

Obama and the Middle East: The Search for Peace and Security

Allen Keiswetter, AB, MPA

Register for the Clinical Conferences

Use this form to register by mail or fax
or register online at www.thebowencenter.org

Name: _____
Please write your name and academic credentials as you would like them to appear on your name tag.

Organization: _____

Address: _____

Daytime phone: _____

E-mail: _____

Credit card: Visa Mastercard Discover
(check one)

Credit Card #: _____

Expiration date: _____

Signature: _____

Clinical Conference Fees

Please circle your choices:

Entire Series		
Regular	\$845.00	save 30%
Bowen Center Trainee	\$660.00	save 35%
Full-Time Student	\$240.00	

Four Conference Package (excludes November)

Regular	\$400.00	save 25%
Bowen Center Trainee	\$320.00	save 30%
Full-Time Student	\$100.00	
Dates Selected :	1) _____ 2) _____	
	3) _____ 4) _____	

Individual Conference (excludes November)

Regular	\$135.00
Bowen Center Trainee	\$115.00
Full-Time Student	\$40.00
Date Selected :	1) _____

November Conference

Regular	\$145.00
Bowen Center Trainee	\$135.00
Full-Time Student	\$45.00

CEU Fee:
Number of Conferences x \$15 = _____

TOTAL: _____

Please make check payable to The Bowen Center.
Outside the US, use a certified check or credit card.

Mail or fax this form with your payment to:

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