

Clinical Conferences in Bowen Theory

WHAT IS THIS SERIES?

This is an important training opportunity for all clinicians who aspire to clinical excellence. Each conference provides observation and discussion of actual clinical work conducted by seasoned professionals. A unique feature of the day is the presence of the families who volunteer to participate in the videotaped clinical sessions and also attend the conference as participants. Dr. Murray Bowen, who began the Clinical Conference series in 1967, pioneered the use of videotape in family therapy and saw its potential for both teaching and enhancing the therapeutic process. The conference series has been so successful it has continued uninterrupted since its inception and celebrates its forty-third anniversary this year.

GOAL OF THE CONFERENCES

These conferences are designed to enhance professional practice through the use of Bowen theory. The goals of each conference are:

- to illustrate the application of Bowen theory in clinical practice
- to enhance understanding of differentiation of self and its impact on one's own functioning and the families therapists serve

THE PRESENTERS

Each conference day is conducted by an experienced faculty member of the Bowen Center. Each faculty member has had a minimum of twenty-five years of clinical experience and has done training and supervision of other clinicians. Faculty are selected for their ability to communicate Bowen theory and their ability to achieve clinical results. Faculty members present different perspectives on how Bowen theory can be applied to a broad range of human issues.

FORMAT OF THE DAY

Each clinical conference will begin with a lecture on the theme of the day. This is followed by a videotaped clinical session that illustrates the application of Bowen theory to the topic introduced in the first hour. Each segment includes ample time for questions and discussion. A second videotape is shown in the afternoon and is also followed by discussion.

WHEN AND WHERE

A conference is held each month from October 2010 to June 2011.

9:30AM - 3:30PM

Metropolitan Memorial United Methodist Church
3401 Nebraska Avenue, NW
Washington, DC 20016

Free parking on upper tier of lot (closest to the street)

The November Clinical Conference will be held November 4, 2010, the day before the Annual Symposium at the Church.

CEUs FOR THE CLINICAL CONFERENCE

The Georgetown Family Center is approved as an independent provider of continuing education credit by the Maryland State Board of Social Work Examiners, the District of Columbia Board of Social Work, and the National Board of Certified Counselors. Each conference day provides a maximum of 6 hours of Category I continuing education credit for social workers and for counselors.

To receive the certificate of completion of CEU credits, it is necessary to:

- Pay the CEU fee of \$15 per conference
- Sign the CEU registration form on the day of the conference to indicate you are present
- Stay for the entire conference and
- Submit a completed evaluation at day's end

FOR FURTHER INFORMATION CONTACT THE CENTER

info@thebowncenter.org • Phone: 202-965-4400 • Toll-Free: 800-432-6882 • Fax: 202-965-1765

For regular Bowen Center updates, visit www.thebowncenter.org and subscribe to our monthly email newsletter.

Clinical Conferences in Bowen Theory

October 2010 - June 2011 Schedule

October 1, 2010

The Process of Differentiation

Michael E. Kerr, MD

No idea in Bowen theory is more difficult to grasp than what it means to be in solid emotional contact with a relationship system and yet be "outside the system." This is the essence of being a "self" and it is never accomplished in isolation from important others. One clinical interview will be with a woman whose husband died during the course of her effort on differentiation, and the other will be with a woman who has worked to be more of a "self" in relationship to her adult daughter and her parents with whom she lives. Both interviews will address common misperceptions about the process of defining a self.

November 4, 2010

On the Process of Triangling and its Effects

Daniel V. Papero, PhD, LCSW

A central concept in Bowen theory is triangling. It refers to a predictable concept in a relationship system that reflects the level of differentiation of self of the participants and the intensity of the anxiety in the system. Clinical interviews will describe the process of triangling and demonstrate its effects in family systems.

December 3, 2010

Back to Basics: Reciprocity, Postures, and Pseudo-Self

Douglas Murphy, MA, LCMFT

Reciprocity in relationships brings about functional postures that are often misidentified as "self." Such misidentification is hypothesized to constitute what is termed "pseudo-self." This misidentification can also lead to other aspects of emotional process such as "blaming self" and "blaming others," creating more blind alleys and narrowing flexibility. This presentation will continue a clinical investigation of these processes through a long term video project with one clinical family.

January 14, 2011

What is the Process of Differentiation of Self?

Kathleen B. Kerr, MSN, MA

How does a person become more capable of staying connected to others without being driven by the pressures of those relationships? Bowen theory suggests a way to learn about oneself in important relationship systems that can permit a person to "sail his own boat despite heady winds." This day will present the efforts to become more of a self while remaining emotionally connected to others.

February 11, 2011

The Journey Toward Defining a Self

Anne S. McKnight, LCSW, EdD

This clinical conference will address the efforts an individual makes to define self in important relationships and the difference it can make in one's life course. This effort includes understanding the anxiety which fuels patterns of reactivity in relationships. The effort to define self entails being aware of emotionality while also becoming clear about the principles which guide one's life course. Concepts in Bowen theory including triangles, emotional cutoff, and fusion will be addressed during the clinical interviews.

March 18, 2011

Differentiation of Self as the Basis for Change

Victoria Harrison, MA, LCSW

Emotional fusion between family members magnifies anxious reactions that contribute to the development of symptoms. Steps toward differentiation of self are the basis for improving functioning in the family. This clinical conference will describe changes in physiology and functioning that accompany work on differentiation of self in two particular families.

April 8, 2011

Anxiety and the Process of Differentiation

Michael E. Kerr, MD

Perhaps the most important factor affecting people's efforts to be more of a "self" in important relationships is recognizing the myriad of ways anxiety affects their own functioning and behavior as well as the functioning and behavior of others. Gaining some emotional neutrality depends on grasping how much a system's functioning is governed by anxiety and how anxiety governs interactions that can affect people adversely. This conference will focus on the obstacles to comprehending the pervasive impact of anxiety on human functioning and how that difficulty interferes with being more of a self.

May 13, 2011

Resilience and Differentiation

Louise Rauseo, RN, MS, CS

People facing difficult circumstances can often be overwhelmed trying to find ways to deal with stress. The work on differentiation of self provides a different focus than stress management alone. Both can be useful for any family, but there is an added resilience that comes from differentiation. Clinical families describe their own efforts to function as individuals in times of challenge.

June 17, 2011

Working on Self in One's Own Family

Roberta Gilbert, MD

Bowen described the scale of differentiation of self as the cornerstone concept of Bowen theory. Developing one-to-one relationships in one's family is key to "gaining self." This conference considers some of the combinations and permutations this effort can take as well as the results.

For further information, contact the Center

Mignonette Keller, Coordinator
mkeller@thebowncenter.org
202.965.4400

Each conference day provides a maximum of 6 hours of Category I continuing education credit for social workers and for counselors

See our website www.thebowncenter.org

Also for your consideration:

THE THURSDAY PROFESSIONAL LECTURE SERIES

The 2010-2011 Thursday Professional Lecture Series

is a monthly meeting scheduled to coincide with the Clinical Conferences. The lecture series features scientists, physicians, writers, and clinicians addressing a variety of scientific and behavioral topics. A distinctive feature of this meeting is the length of time given to develop ideas and entertain discussion.

Free and open to the public. On street parking is available.

Time: 7:30 PM

Location: Bowen Center for the Study of the Family
4400 MacArthur Boulevard, NW Suite 103
Washington, DC 20007

Coordinator: Keo L. Miller, LCSW • kmliller@thebowencenter.org

Visit our website www.thebowencenter.org for a description of each lecture, or contact the Center for a brochure.

THE THURSDAY PROFESSIONAL LECTURE SERIES OCTOBER 2010 - JUNE 2011

September 30, 2010

Anatomy of a Symptom
Kathleen B. Kerr, MSN, MA
Faculty, The Bowen Center

November 2010

Lecture not held this month due to Annual Symposium.

December 2, 2010

Daniel V. Papero, PhD, MSW
Faculty, The Bowen Center

January 13, 2011

TBA

February 10, 2011

The Altruism Equation: Blood Kinship and the Evolution of Goodness

Dr. Lee Alan Dugatkin

Professor and Distinguished University Scholar, Department of Biology, University of Louisville

March 17, 2011

TBA

April 7, 2011

Dr. Bruce N. Cuthbert
Title TBA

May 12, 2011

Epigenetics and Bowen Theory
Anne S. McKnight, EdD
Faculty, The Bowen Center

June 16, 2011

Reflections of Twenty Years as Director of the Georgetown Family Center
Michael E. Kerr, MD
Director, The Bowen Center

Register for the Clinical Conferences

Use this form to register by mail or fax
or register online at www.thebowencenter.org

Name: _____
Please write your name and academic credentials as you would like them to appear on your name tag.

Organization: _____

Address: _____

Daytime phone: _____

E-mail: _____

Credit card: Visa Mastercard Discover
(check one)

Credit Card #: _____

Expiration date: _____

Signature: _____

Clinical Conference Fees

Please circle your choices:

Entire Series

Regular	\$845.00	save 30%
Bowen Center Trainee	\$660.00	save 35%
Full-Time Student	\$240.00	

Four Conference Package

Regular	\$400.00	save 25%
Bowen Center Trainee	\$320.00	save 30%
Full-Time Student	\$100.00	

Dates Selected : 1) _____ 2) _____
3) _____ 4) _____

Individual Conference

Regular	\$135.00
Bowen Center Trainee	\$115.00
Full-Time Student	\$40.00

Date Selected : 1) _____

CEU Fee:

Number of Conferences x \$15 = _____

TOTAL: _____

Please make check payable to The Bowen Center.
Outside the US, use a certified check or credit card.

Mail or fax this form with your payment to:

The Bowen Center
4400 MacArthur Boulevard, NW Suite 103
Washington, DC 20007-2521
Phone: 202-965-4400 Fax: 202-965-1765